



# BARNEGAT ATHLETIC DEPARTMENT

180 Bengal Blvd.  
BARNEGAT, NEW JERSEY 08005  
(609) 660-7510 FAX (609) 698-6279



**Jessica Fraser**  
*Athletic Secretary*

**John J. Germano**  
*Director of Athletics*  
*Supervisor of Health & Physical Education –*  
*K-12*

**Lauren Tribley**  
*Athletic Trainer*

June 2, 2023

Dear 6th, 7th & 8th Grade Parents,

The Sixth, Seventh, and Eighth Grade Interscholastic Sports Program includes fifteen (15) interscholastic sports and activities. Field hockey, girls' volleyball, cross-country, boys' and girls' soccer, football (only 7<sup>th</sup> and 8<sup>th</sup> grade students), cheerleading and dance will be offered in the fall; wrestling, and boys' and girls' basketball will be offered for the winter season (cheerleading and dance continue in the winter season); and baseball, softball, boys' volleyball, and track and field will be offered in the spring.

Each Interscholastic Sports Program will include approximately two to three (2-3) games or meets per week and two or three (2 or 3) practice sessions per week. Schedules can be located on [schedulestar.com](http://schedulestar.com) or on the Brackman page of the website under Bulldog Athletics. Practice sessions will vary by sport, with the possibility of an occasional weekend session. Game schedules and times will vary due to the traveling distance and the location of Barnegat opponents. No transportation will be provided for students at the end of practice. Parents **MUST** provide transportation home when practice is completed.

**If your child has not yet had a physical for the 2023-2024 school year, you must make arrangements to have a medical examination conducted by a private physician as soon as possible. As per board policy, such medical examination results must be reported on approved Barnegat Township School District forms, inclusive of all mandated information. Forms are available on the district website or in the Brackman main office. When complete, please return to the main office of the Russell O. Brackman Middle School. The Pre-Participation Physical Evaluation forms **MUST** be completed **PRIOR** to the physical exam.**

**Candidates who miss their respective grade level tryout day because they have not returned their required paperwork will not be given additional tryout dates.**

No student will be allowed to make up a tryout unless they have a doctor's note for that day.

All tryout candidates should bring a proper change of clothing. They will be given an opportunity to change before and after tryouts. Only rubber-molded spikes may be worn for field hockey and soccer. No metal spikes! Students are encouraged to lock all their belongings in the locker room with the school lock they are issued. They should be sure that the lock is properly engaged before leaving the locker room.

One sports physical is required per school year; however, if a student wishes to participate in another sport, an Athletic Eligibility Form, a Code of Conduct form, as well as a Pre-Participation Physical Evaluation Health History Questionnaire, must be picked up from the Main Office. All forms must be completed by their parent/guardian and signed by both the parent/guardian and student and returned to the Main Office prior to the tryout dates for the fall, winter and spring seasons. **\*PLEASE NOTE THE NEW PROCEDURES FOR 2023-2024 SPORTS on the website\***

To print physical paperwork, please follow these steps:

1. Go to [www.barnegatschools.com](http://www.barnegatschools.com)
2. Click the "Athletics" tab in the white box in the center of the page
3. Click on the link for "Forms and Regulations" on the left-hand side of the page.

4. Once on the “Forms and Regulations” page, scroll down to the following links:

- a. Athletics Form – New Physical Forms
- b. Athletics Form – Physical on File Forms

\*For **football**, one or the other of the packets must be turned in prior to **August 14<sup>th</sup>**

\*One or the other of these packets must be turned in by **September 7, 2023** for Fall Sports

If you have any questions, please call, ROBMS Athletic Secretary @ 609-698-5880 ext. 47102, or e-mail:

- ROBMS Football: Head Coach Derek Rizzo, [drizzo@barnegatschools.com](mailto:drizzo@barnegatschools.com)
- ROBMS Boys Soccer: Head Coach Jon Gordon, [jgordon@barnegatschools.com](mailto:jgordon@barnegatschools.com)
- ROBMS Girls Soccer: Head Coach William Thorne, [wthorne@barnegatschools.com](mailto:wthorne@barnegatschools.com)
- ROBMS Boys & Girls Cross Country: Head Coach Ashley Davies, [adavies@barnegatschools.com](mailto:adavies@barnegatschools.com)
- ROBMS Field Hockey: Head Coach Lori Brennan, [lbrennan@barnegatschools.com](mailto:lbrennan@barnegatschools.com)
- ROBMS Girls Volleyball Thomas Teator, [tteator@barnegatschools.com](mailto:tteator@barnegatschools.com)

### **Tryout Schedule\***

(times and grades are subject to change)

#### **Monday 8/14/23 and Tuesday 8/15/23 5PM – 7PM**

**-Football**

**7<sup>th</sup> and 8<sup>th</sup> Grade**

**(Maximum of 50 players on the team)**

#### **Monday 9/11/23 2:30 PM – 4:30 PM**

**-Boys and Girls Soccer**

**7<sup>th</sup> and 8<sup>th</sup> Grade**

**-Girls Field Hockey**

**6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Grade**

**-Girls Volleyball**

**6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Grade**

#### **Tuesday 9/12/23 2:30 PM - 4:30 PM**

**-Boys and Girls Soccer**

**6<sup>th</sup> Grade**

**-Girls Field Hockey**

**6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Grade**

**-Girls Volleyball**

**6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Grade**

#### **Wednesday 9/13/23 2:30 PM – 4:30 PM**

**-Boys and Girls Soccer**

**6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Grade-Final Cuts**

**-Girls Field Hockey**

**6<sup>th</sup> 7<sup>th</sup> and 8<sup>th</sup> Grade**

**-Girls Volleyball**

**Invite ONLY**

**\* There are no tryouts for Cross Country.**

Cross Country Practice begins Monday, September 11th from 2:30- 4:30 PM

Sincerely,

John J. Germano  
Director of Athletics  
Barnegat Township Schools

***OUR MISSION:*** *The Barnegat Schools, in partnership with our community, nurture and educate our children in accordance with all core curriculum content standards to prepare them for responsible citizenship and success in life.*